T4T Overview and Schedule

Please note that this is a standard schedule. Scheduling may be adjusted at the discretion of your instructor.

Day 1 (on-site)

0815–0840 Part 01a: Candidate introductions
Trainer candidates and instructor meet for brief introductions and an overview of the next two days.

0845–1215 Part 01b: Participate in and observe an actual safeTALK
Community participants arrive and join trainer candidates to participate in and experience a standard community safeTALK workshop.

1215–1230 Participants depart, candidates and instructor experience a short and general debrief of the morning demonstration with the Community Support Resource before the CSR departs the workshop.

1230–1315 Lunch (provided at the training site)

1315–1600 Part 02a: Candidate reflections, review of the trainer manual, questions, and clarifications
Part 02b: Preparation (for first or second half assigned) and self-directed study
Each safeTALK Trainer Candidate will be notified of the half of safeTALK that they are to prepare to present.

Part 02c: Candidates spend the evening in self-study/preparation for task presentations the next day
Candidates may use the safeTALK T4T Study Guide to enhance their understanding of safeTALK.

Day 2 (on-site)

0830–1230 Part 1: Meeting, experiencing and integrating
Candidates will debrief their evening study and participate in a read-through/talk-through of safeTALK. Candidates will begin to integrate what they experienced from a participant’s perspective with what they have learned about the training process.
1230-1300  **Lunch** (provided at the training site)

1300-1530  **Part 2: Presenting, participating and discussing**
Each candidate demonstrates a part of the half of safeTALK they were assigned just as if they were presenting it in an actual safeTALK training. Other candidates will act as if they are participants during the demonstration. Each candidate provides a brief overview of the purpose of that part and answers such questions as:

1. What might the participants be thinking and feeling when they participate in or hear this part? How are the Core Beliefs reflected in this part?

2. Why does a particular part occur here within safeTALK?

3. How does this part of safeTALK fit with or illustrate any of the Beliefs Trainers Have About safeTALK found in the *Essential Information for safeTALK Trainer Candidates*?

4. What did I discover about learning to present this part that would be helpful to share with my fellow candidates?

1530-1615  **Part 3: Individual candidate feedback**
A brief discussion with the instructor regarding recommendations for candidate readiness. The instructor may recommend that a candidate share their first workshop(s) with another trainer or receive support from an experienced trainer.

1615–1700  **Part 4: Reviewing, planning, and goodbyes**
A look back and a look forward to a new trainer’s first safeTALK presentation, including some tips on implementation, use of technology, and policies and procedures that all safeTALK trainers are expected to follow. safeTALK Trainer Agreements will be reviewed and signed. Starter safeTALK participant resource materials—if applicable—will be distributed.

**Post-T4T**

**Preparation: Reading, preparing and considering**
Self-organized, from the end of the T4T until the new trainer’s first safeTALK training.